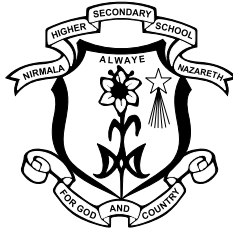


**NIRMALA HIGHER SECONDARY
SCHOOL
(ENGLISH MEDIUM)
NAZARETH, ALUVA - 683 101**



Student's Hand Book

2016 - 2017

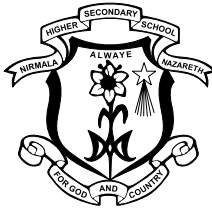
School Motto : For God and Country

Phone : Offi - 0484 2623334
Website : www.nirmalaschoolaluva.com
E-mail : nirmalaschoolaluva@yahoo.com

NIRMALA HIGHER SECONDARY SCHOOL

(ENGLISH MEDIUM)

NAZARETH, ALUVA - 683 101



Name.....

Class.....Roll No.....

House

Address

Phone No. Offi Resi

Signature of Parent / Guardian

NOTE : This diary is to be brought to School daily.

Visiting Hours

Principal:

10.30 a.m. - 11.30 a.m.
2.30 p.m. - 3.30 p.m.

Teachers

3.30 p.m. - 4.00 p.m.

School Hours

9.00 a.m. - 3.30 p.m.

No School business will be transacted on Holidays

NIRMALA HIGHER SECONDARY SCHOOL

Nazareth, Aluva - 683 101

STUDENT'S PERSONAL CARD

1. Name in full
Standard Ad. No.....
Section Class No.....
2. Place and date of birth
3. Father's Name
4. Mother's Name
5. Occupation of parent
6. Home Address
.....
7. Office Address
.....
Phone: Residence Office
8. Name of Sisters / Brothers studying in this school, if any.
(1) Std Div
(2) Std Div
(3) Std Div

I have read all the rules and regulations of the school and I promise to abide by them, and see that my child also conforms to the standard required of him/her in conduct and studies.

Father

Mother

SCHOOL ANTHEM

*The heart within me vibes for joy...
For you Nirmala
Ev'ry breath within me leaps
for you Nirmala
'coz the joy that I belong....
To you and you and you alone
You are my pride, be you my guide
O sweet Nirmala....
And our motto be...
For God and country
be the pledge of our daily life
And our love for wisdom grow
ever steady in God's love
In virtues path ahead, vice and evil
always dread.....
Morrrows promise we pledge to be
Through you Nirmala
Builders of a better world....
With you Nirmala.
And the reason of our bliss...
Is you and you and you alone
In you we place, all our trust
O! sweet Nirmala!*



*"Whenever you did this for one of the least
important of these brothers of mine,
you did it for me" Mt. 25:40*

SERVANT OF GOD

FR. VARGHESE PAYYAPILLY



**Founder
Sisters of the Destitute
Chunangamvely**



OUR FATHER

Our father in heaven, holy be your name, your kingdom come, your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Do not bring us to the test, but deliver us from evil.

HAIL MARY

Hail Mary full of grace, the Lord is with you: blessed are you among women and blessed is the fruit of your womb Jesus. Holy Mary, Mother of God pray for us sinners now and at the hour of our death. Amen.

THE ANGELUS

The angel of the Lord declared unto Mary
And she conceived by the Holy spirit ... Hail Mary....
Behold the handmaid of the Lord :
Be it done to me according to your word ... Hail Mary....
And the word was made flesh :
And dwelt among us : ... Hail Mary....
Pray for us O holy Mother of God :
That we may be made worthy of the promises of Christ.
Let us pray-

Pour forth / we beseech you O Lord / your grace into our hearts / that we to whom / the incarnation of Christ / your Son was made known / by the message of an angel / may by His passion and cross / be brought to the glory of His resurrection / through the same Christ our Lord. Amen.

Glory be to the / Father and to the son / and to the Holy spirit: As it was in the beginning / is now / and ever shall be / world without end. Amen.

MORNING PRAYER

Almighty God/our loving father / we bow before you for Your blessings / before we begin this day. You are the true Light and wisdom. Enlighten our hearts/ to receive the knowledge that is imparted to us. Teach us to study with concentration/and to co-operate with our teachers. Grant us the courage/when we are afraid to do good. Push us back/ when we go wrong. O Lord/enlighten our teachers too/ so that/they may be guided/and strengthened by You/to lead us along the right path. Amen.

PRAYER BEFORE THE AFTERNOON SESSION

O God of truth and wisdom shower rays of light upon my mind. Give me the light to study, the power to understand and the gift to express clearly what I learn for the service of all mankind. Give me an eager mind to learn something new everyday and may my aim always be to reach you. Amen.

PRAYER AFTER CLASS

O God/infinite wisdom and the source of all knowledge/ we thank Thee for the day. Grant that we may remember / what we have learnt. We offer You all our works and endeavours/ our failures and successes. Forgive us our short comings/ and give us the courage/to follow always the path of truth. Protect us from all dangers on the way home and keep us in the hollow of Your hands.
Amen.

PLEDGE

India is my country, all Indians are my brothers and sisters. I love my country and I am proud of its rich and varied heritage. I shall always try to be worthy of it. I shall give my parents, teachers and all elders respect and treat everyone with courtesy. To my country and my people I pledge my devotion. In their well-being and prosperity alone lies my happiness.

GENERAL INFORMATION

Nirmala Higher Secondary School, Aluva, established in 1962 is owned and managed by the Congregation of The Sisters of the Destitute, St. Mary's Province, Chunangamvely. This is an institution established and administered by and for a Christian minority community and the primary beneficiaries will be Christians. But good and earnest candidates will be considered for admission irrespective of their caste and creed.

Our Vision.

Nirmala aims at imparting quality education taking in the aggregate of human life – Physical, Spiritual, intellectual, moral, individual and social, elevating, regulating and perfecting it. The emphasis is on academic excellence and insists to develop a culture of compassionate love for the less privileged.

Curriculum

Nirmala Higher Secondary School is recognized by the Dept. of General Education, Kerala State. The academic year is from June to March. The medium of instruction is English.

Admission

The minimum age required for admission to STD I is 5 years on June 1st of the respective year. Admission to other classes is given on merit basis depending on the availability of seats vacant. School authorities reserve the right to refuse admission without disclosing the reason. They also reserve the right to dismiss students who do not co-operate with school rules, or conduct is harmful or scandalizing, or whose parents cause disturbance in the school.

Those who require T.C. should inform the office one week in advance in writing. No leaving certificate will be issued until all dues are cleared.

Attendance or Absence.

Minimum 90% attendance is required for promotion. Repeated absence without leave or unexplained absence for 15 consecutive days renders the student liable to have his/her name struck off the rolls. Pupils who have been absent on the previous day will be admitted in the class on production of a leave note from the parent. Every pupil returning after suffering from an infectious or contagious disease should produce a doctor's certificate permitting him/her to do so. No student should leave the premises without the permission of the principal. Unauthorised study holidays are not encouraged.

School Uniform

STD	Girls	Boys
LKG-X	<u>Monday, Wednesday, Friday</u> Sky blue, light blue frock and black buckled shoes. White socks with blue stripes	Sky blue pants shorts. Light blue shirt. Black shoes. White socks with Blue stripes.
	<u>Tuesday, Thursday and Saturday</u> Brown and purple frock. Black buckled shoes. White socks with brown stripes.	Purple shirt. Brown pants/shorts Black shoes. White socks with Brown stripes.
XI – XII	Purple shirt, Brown pants and Brown overcoat on all days.	
	School belt and ID cards are part of school uniform. During monsoon VKC black sandals are allowed. Vests for boys and slips and tights for girls are mandatory. Blue and Black hair bands / bush can be used along with uniforms. Hairstyle – ponytail for girls. Long hair for boys is not encouraged.	

It is compulsory for the students to wear the prescribed uniform in the patterns permitted. No religious signs Viz – head scarf, purdha, wrist rosaries, caps, sacred threads etc. not permitted in the school campus along with school uniform.

Gold or artificial ornaments, fancy hairdos, clips, net /gel coloured hair, fancy foot wear etc. are not allowed in the school. The uniform must be neat and tidy.

School Cleanliness.

All must consider it their social responsibility to keep the school premises clean. Each student should be careful to avoid scribbling on the walls and furniture. Deposit all waste – paper and food waste – in the waste bins provided for this purpose.

School Property.

Students should take care of school property. Any damage done within the school premises must be made good.

Fee Rules

School fees should be paid in 3 installments. Fee should be paid in the South Indian Bank. A bank counter will be functioning in the school for 3 days in every term for your convenience. One month time is allowed to pay fees without fine. After the month, fee should be deposited in the school office with late fine..

No reduction of fee is made for broken periods of attendance. Fee once paid is not refundable.

Bus Rules.

Bus fee is payable in two instalments in the school office.

No refund of the paid fees will be entertained. There is no provision for one side journey with half payment.

Students are expected to behave well in the bus stop and inside the school bus. English speaking and etiquettes are must in the school bus.

Parents of KG and primary classes must make arrangements to receive them at the stop; if not they will be brought back to school and parents have to collect them from school.

The school reserves the right to withdraw bus facility in case of misbehavior in the bus.

The teachers availing the bus facility shall help in maintaining discipline in the bus.

If the school authorities are unable to run the bus or any student misses the bus, the parent will have to make the necessary arrangement.

General Rules.

- * The school diary is to be brought to school daily
- * Being an English medium school, students are to speak English in the school premises, bus and public places.
- * The children are strictly forbidden to purchase eatables from unauthorized dealers outside school premises.
- * No pupil is exempted from Games and Physical training without medical certificate.
- * Special care must be taken to see that silence is maintained during change of period, outside the principal's office, staff room and stair case.
- * The students are expected to be in their respective class rooms at 9.00 am. Before the first bell they are to submit their home assignments for corrections.
- * No late arrival may be admitted into the class without the principal's permission.
- * Morning assembly is held in the Assembly ground. At the first bell all must assemble in their classrooms and proceed to the assembly ground in perfect silence
- * After noon assembly is held in the respective class rooms. At the given signal, all recite together the prayer before afternoon session with the teacher on duty.
- * Before the dispersal in the evening, at the short bell (3.30pm) recite together the evening dispersal prayer with the teacher on duty; after which each class will leave in good order.

Code of Conduct

- * While moving along corridors and stair cases- the rule is always – keep left, walk in single file and in silence.
- * Books, newspapers, magazines, excessive money, expensive and fancy stationery, electronic gadgets, playing cards, tattoos, CDs, pendrives, mobile phones, camera video games, chewing gums, fire crackers, sharp edged instruments, comics, periodicals etc should not be brought to school without principal's sanction; else they will be confiscated.
- * No collection of money for any purpose be made in the school without the permission of the principal
- * Playing or shouting inside the school buildings is strictly forbidden.
- * Children should always greet their teachers, elders and friends and behave respectfully towards school staff.

- * School activities and celebrations are meant for the benefit and exposure of students. So participation in such activities is compulsory for all students.
- * Pupil of one class is not allowed to enter other class rooms without permission.
- * Students are not allowed to leave the school campus without permission during school hours.
- * Students are responsible for the safe custody of their belongings. All personal articles should be neatly labelled.

Parent's Co-operation.

- * Parents and guardians are not allowed to walk in to the class rooms or interview- teachers during school hours. Those who wish to find out the progress of their child may meet the teacher concerned with a prior appointment. Teachers will be available between 3.30 pm – 4.00 pm.
- * Parents are expected to sign progress reports, monthly tests or any similar documents when so requested. Failure to do so may put the children into inconvenience.
- * Please make it a point to attend all school functions, PTA meetings and open houses.
- * Please inform the change of address and phone numbers to the school.
- * Mobile phones are strictly prohibited in the school for students.
- * Please send your child in neat and full uniform. On occasions of wearing casual clothes, do ensure that they wear modest dress in the school.
- * No student will be sent home, even if some urgent need arises, unless duly authorised person comes to take the child with a note of authority from parents.
- * Acknowledge every communication sent to you by way of diary/ circulars.
- * Always pay the fee and other dues on time and avoid embarrassment to your child.
- * Discuss the problems your child faces, with the principal and the teachers concerned, personally. Avoid sending messages through your friends.
- * If the child has an injury or accident in school, first aid will be provided. If it is serious, the parent will be informed and the child will be taken to the hospital. However, in the event of any mishap the school does not take any legal responsibility.

- 1** Ref: This is my prayer to Thee my Lord :
Strike at the root of penuity in my heart
- 1 Give me the strength lightly to bear my joys and sorrows.
 - 2 Give me the strength to make my love fruitful in service
 - 3 Give me the strength never to disown the poor or bend
my knees before insolent might.
 - 4 Give me the strength to raise my mind high above daily trifles.
 - 5 Give me the strength to surrender my strength to
Thy will with love. (R. Tagore)

2 Oh Lord My God
When I in awesome wonder
Consider all the worlds
Thy hands have made
I see the stars
I hear the rolling thunder
Thy power throughout
The universe displayed

Then sings my soul
My Savior, God, to Thee
How great thou art (2)

when through the woods
And forest glades I wander
I hear the birds
Sing sweetly in the trees;
When I look down
From lofty mountain grandeur
And hear the brook
And feel the gentle breeze;

3 Walking with the Lord,
We are walking in the morning,
Lift up your hearts
For you are walking, with God

Singing to the Lord
We are singing in the sunshine
Lift up your hearts,
For you are singing to God

Hand in hand with everyone
We're walking, walking
Black and white and brown
Together walking walking

Singing new songs now,
Living new lives,
Building new bridges,
Walking distant miles.
Well we're walking with the Lord-

Rain and storm will not prevent us
Walking, walking
Faith and hope and love,
Will send us walking, walking,
Crossing all barriers,
Climbing all stiles
Breaking through fences,
Walking distant miles,
Well we're walking with the Lord-

- 4** My life is in You Lord my strength
Is in You Lord my hope
Is in You Lord in You it's in you

I'll praise You with all of my life
I'll praise you with all of my strength
With all of my life
With all of my strength
All of my hope is in You (My life..... strength)

- 5** 1 Make me a Channel of your peace
Where there is hatred let me sow your love
Where there is injury, your pardon, Lord.
And where there's doubt, true faith in you.
Chorus: O master grant that I may never seek
So much to be consoled as to console
To be understood as to understand
To be loved as to love with all my soul.
- 2 Make me a channel of your peace
Where there's despair in life, let me bring hope
And where there's darkness only light
And where there's doubt true faith in you.
- 3 Make me a channel of your peace
It is pardoning that we are pardoned
In giving to all men that we receive
An in dying that we are born to eternal life.

6 Ant. O give thanks to the Lord, for he is good (3)
Yes, eternal is his love

- 1 I will sing to my God never ceasing
All my life, I will tell of his wonders,
He's the maker of all, earth and heaven
Of the ocean, the seas and all they hold
- 2 The almighty is faithful forever
He is just to the poor and outraged;
It is He who gives bread to the hungry,
Who delivers the captives from their chains
- 3 He give sight to the blind in his mercy ;
And he raises the lowly, the humble,
It is he who gives shelter to strangers,
Every orphan and widow he defends.

7 **HOLY VIRGIN**

- 1 Holy virgin by God's decree
You are called eternally,
That He could give his Son to our race
Mary we praise you, hail full of grace.
Ave, Ave, Ave, Maria.....
- 2 By your faith and loving accord,
As the handmaid of the Lord,
You undertook God's plan to embrace
Mary we thank you hail full of grace.
Ave, Ave, Ave, Maria.....
- 3 Refuge for your children so weak,
Sure protection all can seek,
Problems of life you help us to face
Mary, we trust you, hail full of grace.
Ave, Ave, Ave, Maria.....
- 4 To our needy world of today
Love and beauty you portray,
Showing the path to Christ we must trace
Mary, our mother hail full of grace.
Ave, Ave, Ave, Maria.....

4 To our needy world of today
Love and beauty you portray,
Showing the path to Christ we must trace
Mary, our mother hail full of grace.
Ave, Ave, Ave, Maria.....

8 I Just keep trusting my Lord
And I walk along
I just keep trusting my Lord
And He gives me a song

Tho' the storm clouds darken the sky
O'ver the heavenly trail
I just keep trusting my Lord
He will never fail

He is a faithful friend (2)
Such a faithful friend (2)
I can count on him (2)
To the very end (2)

9 **GOD STILL LOVES THE WORLD**

Every tiny star that twinkles in the night sky
Every drop of morning dew
Every spark of fire blazing in the furnace
Every captivating view
Every rainbow in the sky, every pretty butterfly

Tells the fascinating news to those who dare to hope
And the message is
God still loves the world
God still, still loves the world
So throw your life into his hands

Day by day discern his plans
God is passionately busy loving you and me
Every ocean wave that breaks upon the sea-shore
Every stalk of golden wheat
Every silver stream that gushes down the mountain

10 സത്യമായ സൗന്ദര്യമായ്
നിത്യമംഗളനാളമായ്
മർത്യഹൃദയങ്ങളിൽ
നിഷ്പന്നമിങ്ങനെ പ്രോജ്വലിക്കും

സച്ചിതാനന്ദനമോസ്തുതേ
ശാന്തിയായ് ആനന്ദമായ്
ശാശ്വതമലർഭാവമായ്

രാജയാചകദേദമന്വേ
എല്ലാരിലും വാണരുളീടുന്ന
സച്ചിതാനന്ദനമോസ്തുതേ
ഏകമായ് അദ്വൈതമായ്

അത്സുതാമൃതസാരമായ്
ജംഗമംഗളജംഗമങ്ങളും
ഒന്നുപോലെ പുകഴ്ത്തിടുന്ന
സച്ചിതാനന്ദനമോസ്തുതേ

11 വന്ദന മാതരം

വന്ദന മാതരം
സുജലാം സുഹലാം മലയജ് ശീതളാം
സന്ധ്യശ്യാമളാം മാതരം
വന്ദന മാതരം
ശുഭ്ര ജ്യോത്സനാ പുളകിത യാമിനീം
ഫുല്ല കുസുമിത് ദ്രുമ്മദല ശോഭിനീം
സുഹാസിനീം സുമധുർ ഭാഷിണീം
സുഖദാം വരദാം മാതരം
വന്ദന മാതരം

12 സാരേ ജഹാം സേ അച്ഛാ

സാരേ ജഹാം സേ അച്ഛാ ഹിന്ദോസ്താം ഹമാരാ
ഹം ബുൽബുലേ ഹൈ ഇസ്കീ യേ ഗുലിസ്താം ഹമാരാ
ഗുർബത് മേ ഹോ അഗർ ഹം രഹ്താഹേ ദിൽ വതൻ മേ
സമ്തോ വഹീം ഹമേ ദീ ദിൽഹോ ജഹാം ഹമാരാ

പർബത് വോ സബ്സേ ഉൗഛാ ഹംസായാ ആസ്മാം കാ
 വോ സംതരീ ഹമാരാ വോ പാസ്ബാ ഹമാരാ
 ഗോദീ മേം വേൽതീ ഹേ ഇസ്കീ ഹസാരോം നദിയാം
 ഗുൽശൻ ഹേ ജിൻകേ ദദ് സേ രസ്കേ ജനാം ഹമാരാ
 മസ്ഹബ് നഹീം സിഖാതാ ആപസ് മേം ബൈദ് രഖ്നാ
 ഹിന്ദി ഹെ ഹം, വതൻ ഹേ ഹിന്ദോസ്താം ഹമാരാ

13 ദേശീയ ഗാനം

ജന്ഗണ് മന് അധിനായക് ജയഹേ
 ദാരത് ദാഗ്യവിധാതാ
 പഞ്ചാബ് സിന്ധ് ഗുജറാത്ത് മറാഠാ
 ദ്രാവിഡ് ഉത്കല് വംഗാ
 വിന്ധ്യ ഹിമാചല് യമുനാ ഗംഗാ
 ഉത്പല് ജലധി തരംഗാ
 തബ് ശൂദ് നാമേ ഗാഹേ
 തബ് ശൂദ് ആശിഷ് മാഹേ
 ഗാഹേ തബ് ജയ് ഗാഥാ
 ജന്ഗണ് മംഗള ദായക ജയഹേ
 ദാരത് ദാഗ്യ വിധാതാ
 ജയഹേ ജയഹേ ജയഹേ
 ജയ് ജയ് ജയ് ജയഹേ.....

